

# FINDING BALANCE AND SERENITY THROUGH CHANGE

an evening to empower flow in your life

with Bobbi Courtney, MSW, Shaman



As we go through the growing pains of shifting out of the collective fear and victim consciousness we can cultivate the care and feeding of flow as it shows up for each of us

## **In this workshop you will:**

Journey with flower essences that promote your natural propensity to feel and BE connected at a higher level

Transcend the realm of fear, worry, heaviness

Re-calibrate in accordance with your light body

Flow with the PURPOSE of pleasure in your life as a principle of clarity and direction

Expand awareness to hold more life potency

Cultivate nourishment and sustainability from within

Embrace the wisdom of making choices based on what feels good

where: Comfortable home setting in Newcastle, NH

when: Tuesday evening, November 15th, from 6:30-9 pm

invest: \$50

**RSVP Bobbi Courtney** email: [aurainfusions@gmail.com](mailto:aurainfusions@gmail.com) ph.978-609-0497

Bobbi Courtney, MSW, Shaman, author, psychotherapist, is a certified flower essence therapist and creator of *Aura Infusions*. Learn more at [bobbicourtney.com](http://bobbicourtney.com)