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## Aura Infusions are Vibrational Botanicals

### What are Vibrational Botanicals?

Vibrational Botanicals are various preparations made with the vital life force of a plant substance for use in healing. An ancient form of healthcare, flower and gem essences and essential oils are used to prompt greater levels of health and well-being in the user. There are two major categories of botanicals used to create Aura infusions: Essences and Essential Oils.

### Essences

Though essences made from flowers are the best-known type, I see them as part of a larger spectrum “vibrational essences” because they can be made from many other energies besides those of flowers. This includes other parts of plants besides flowers (stems, leaves, roots, buds, the whole plant), minerals/gems, animals, energy of a place (called “environmental” essences), light (star, moon, colored), healing energies (like Reiki). Essences are usually in a liquid medium, generally water with a preservative like alcohol spirits added.

Vibrational essences are a part of ancient wisdom, and have been found in aboriginal cultures throughout the world. The 16th century master physician and herbalist Paracelsus also used essences. The best-known essence maker of the modern world is the English physician Dr. Edward Bach. He reinvented essences in the 1930’s, creating the popular Bach Flower Remedies. They are used widely throughout the world. In the past 30 years or so, many new essences companies were founded all over the world. They offer a wide range of essences made in new and creative ways. These newer essences advance Dr. Bach’s original work by meeting the needs of this specific time in wonderful, new ways, using more up-to-date energies.

Through special preparation, essences specifically contain the energetic properties of their parent substances. These vibrational imprints of the plants resonate with the human bio-electrical system, which recognizes the beneficial vibration and uses it.

### Essential Oils

In the preparation of Aura Infusions, we combine essences with pure high grade essential oils and add actual Herkimer diamond chips to each bottle to stabilize the formulation and prepare it to be broadcast into your aura. An essential oil is a liquid that is generally distilled (most frequently by steam or water) from the leaves, stems, flowers, bark, roots, or other elements of a plant. Essential oils are aromatic, highly concentrated extracts of plant oil, which is essentially its immune system. Thus essential oils are bio-compatible with the human physiological system and provide therapeutic benefits in addition to the aromatic pleasure.

Aura Infusions are synergistic blends of Essential oils, aromatherapy and actual gems contained in the bottle.

By combining these two kinds of plant extracts, along with a Herkimer diamond, Aura Infusions provide a full spectrum effect on your mind, body and spirit, simultaneously supporting the non-physical body in ways that translate into emotional, then, sometimes physical benefit. Aura Infusions are therefore particularly adept at addressing the emotional/mental aspect, influencing our feelings, thoughts, consciousness level, beliefs, and unresolved emotional traumas. Users of Aura Infusions may find that their thoughts and emotions change, and how they feel physically shift in a positive way.



## How they work

Plants and gems are imbued with vibrational imprints in a way that makes them each unique. Through use of essences, our body, mind and spirit recognizes the qualities associated with those imprints. There is an intelligence within us that is not equated with our brain exactly. This kind of intelligence, which is more appropriately associated with our spirit and emotions can be cued, or “awakened” through resonance with a signature frequency that is recognized as beneficial. The vibrational imprints remind us of our own deep innate intelligence, wisdom and love, moving us to a greater state of health and balance in the process.

Aura Infusion formulas activate innate intelligence by reminding of us of what our systems want. They connect us to what we possessed through out birthright, accentuating our innate abilities. When taken in, our mind, body and spirit will organize around this beneficial resonance, fostering awareness of what is out of balance, and helping us achieve the correction. As we continue to organize around new possibilities, it may translate into the empowerment of hidden strengths or gifts which create inventive solutions to our problems. Or our resident healing abilities may become freed so they can do their miraculous work.

## How the Aura Infusions are used

Typically, these botanical blends are sprayed into the air around you as you enjoy the aromatics. Your Aura Field will come into contact with the synergistic vitality of the spray. Also, the air-borne molecules of the high grade aromatherapy oils are taken into the olfactory bulb, where they are translated into impulses received by the limbic brain for relaxation, centering, and settling and balancing of emotions.

The formulas work on both personal and environmental levels to upgrade and move energy in specific ways. For instance, Guardian Angel provides protection from negative or toxic influences, and keep the aura field clear. It can be worn as a

protective perfume for those who wish to assert themselves when faced with powerful outside influences.

They can be introduced into any environment by misting the air, and Guardian Angel is commonly used to clear negative energy from homes and healer’s offices.

## Using Aura Infusions with other forms of healthcare

Aura Infusions work very well with other forms of healthcare. Psychotherapists, energy workers, massage therapists, hypnotherapists, astrologers, acupuncturists, homeopaths, chiropractors, and medical doctors are finding that Aura Infusions are easy to use and nicely compliment their work. Aura Infusions Create Positive Changes by Directly Infusing Your Energy Field

Shift your reality easily and effortlessly with essences that open your heart to joy, bring stability to your system, reduce feelings of stress, help you get centered and grounded, and expand your consciousness. These shifts in your state of mind impact your whole existence, your ability to BE peace, love, harmony, joy, abundance, protected and live your abundant reality.

Vibrational aromatherapy works through resonance. Spray the Infusion around you to saturate your energy field. Enjoy the unique and beautiful aroma of each one. The mood enhancing essential oils evoke a response in the limbic system (the emotional brain) by way of the olfactory bulb, without any need for conscious processing. The essences and aromatic oils convey subtle vibrations provide a healthy supportive and nourishing resonant field to your aura. As the aromatic molecules are perceived both by the auric field and the olfactory bulb, they are transformed into electrical impulses that reach the limbic brain. In turn, a harmonious cascade of neurotransmitters is released, creating a pleasurable inner reality of love, peace, focused attention, etc., depending on which infusion you are using.



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## How They are Made

Each Aura Infusion is carefully blended to bring in higher energies, repair your energy electrical system and balance your mood. The bottles are prepared individually, with the utmost care and attention to assure a high vibration product. A Herkimer Diamond is prepared for each bottle, which harmonizes the formulation of botanicals and gems, and prepares these energies to be transmitted to the aura. The Herkimer diamond is placed inside each bottle, which potentiates the botanicals and gems in the formula. The effect of vibrational alchemy allows your original energetic blueprint to emerge according to your own pace.

## Selecting Aura Infusions

As you read the definitions of each Aura Infusion, select those that resonate with your present issues and challenges. It is also appropriate to use your intuition, kinesiology, dowsing, or to ask your wellness practitioner to use their distinctive process to make selections for you. You are also welcome to contact us with questions regarding recommendations.

## Vibrational aromatherapy

Vibrational aromatherapy is a dynamic blend of plant and/or gem energy extracts that carry frequency signatures. These energy imprints help keep our human electrical system in balance and support us to reach our fullest potential. Each synergistic blend of pure essential oils, flower and gem essences creates a specifically targeted opportunity for human emotional, spiritual and electro-system transformation.

As you navigate the changes in your life, you may be wondering how you can find a gentle and natural way to soothe and mend your body, mind and spirit. Well, vibrational aromatics are right under your nose!

Aura Infusions are synergistic aromatherapy products that bring about a deep level of healing, peace and transformation.

The therapeutic botanicals that are used are of the purest and highest quality. They consist of a range of plant and gem extracts, as well as essential oils that become infused into your energy field around your body (your aura) each time you mist yourself or your environment. Every extract and oil holds a specific healing property. Your energy field recognizes it as helpful and resonates with it. This creates a new healing pattern, which over time, your state of mind and body will adopt and use for your benefit.



## The use of flower essence therapy for calming people with autism

As a psychotherapist who is also certified in flower essence therapy and aromatherapy I have found that certain gem, essential oils and essences can really help with some of the impulsive and behavioral problems that arise in people with autism, such as aggressiveness, outbursts, self-injurious behavior, frustration and anger. Many individuals with autism are subject to these issues of self-control, and sometimes we just don't really know what is causing it. It is like a switch is flipped with little or no warning, and the person escalates from a state of mild frustration into an outburst that is sometimes dangerous to themselves or others. When a person doesn't have the higher functioning cognitive, communication and coping skills, he or she is vulnerable to experiencing raw emotion and impulsive/reactive behavior.

I believe gems, oils and essences are untapped resources that can be of great assistance in calming and stabilizing. Essential oils, such as a high quality, pure sandalwood and neroli can have a profound effect on the nervous system, bringing

about a feeling of calm and well being, although, it appears that one would need to use the oils consistently over a period of time for these qualities to be experienced. In my work, I use the synergistic blending of oils and essences to potentiate the formula, so results are maximized. In the case of someone becoming emotionally flooded, it is helpful to have something that will assist instantaneously, with no harmful effects. By all feedback that I have received, Temperance has been found quite helpful. It is easy to use. My clients who have autistic children or children who are prone to outbursts carry the spray in their pocketbooks and/or their glove compartments in the car. It is, of course, very helpful to use it as early in the escalation process as possible.

